

Welcome Back!

Class of 2021

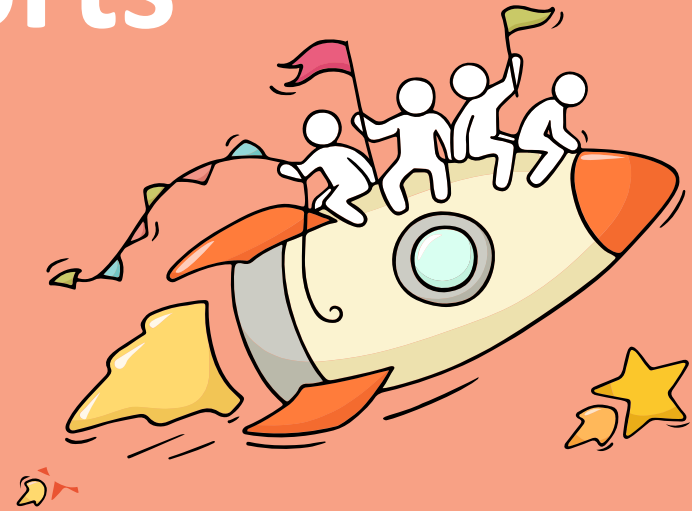


Celebrate Efforts

The O-Level is a culmination of years of hard work and perseverance.

Let's celebrate our efforts regardless of the results.

Let's mark the end of the academic year by reflecting together on all our previous successes in school and the challenges we have overcome!



REALIZE THAT YOU
ARE NOT ALONE,
THAT WE ARE IN THIS
TOGETHER AND MOST
IMPORTANTLY THAT
THERE IS HOPE.

Deepika Padukone

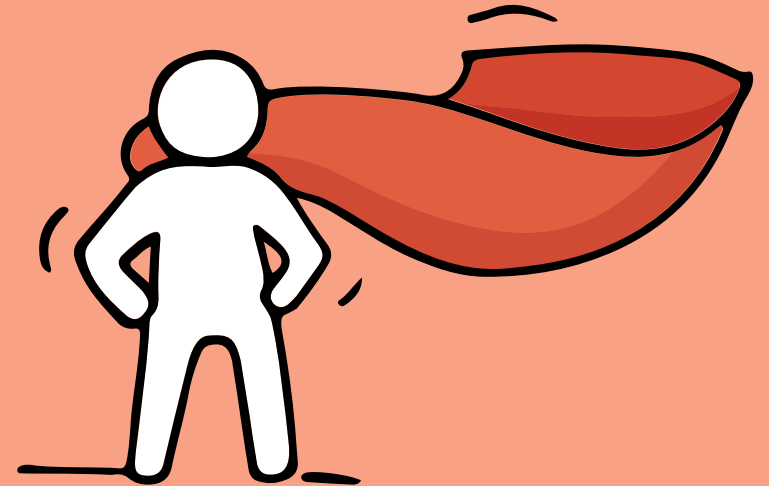


Think Opportunities

- As you await your GCE O-Level results, there are some possibilities:

- You are happy that your results meet your expectations,
- You are overjoyed that your results exceed your expectations, or
- You are worried/upset because your results fall short of your expectations.

Many pathways and opportunities!



Remember that **everyone's learning journey is different** but **we can each have a fulfilling outcome!**

No matter the circumstances, there is always a way forward.

Stop

- Stop any unhelpful thoughts or actions that would make you more upset.
- Inhale deeply and exhale slowly using 10 counts as you relax your muscles. Acknowledge your emotions.

Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the O-Level is just one part of your life journey and not the destination.

Do

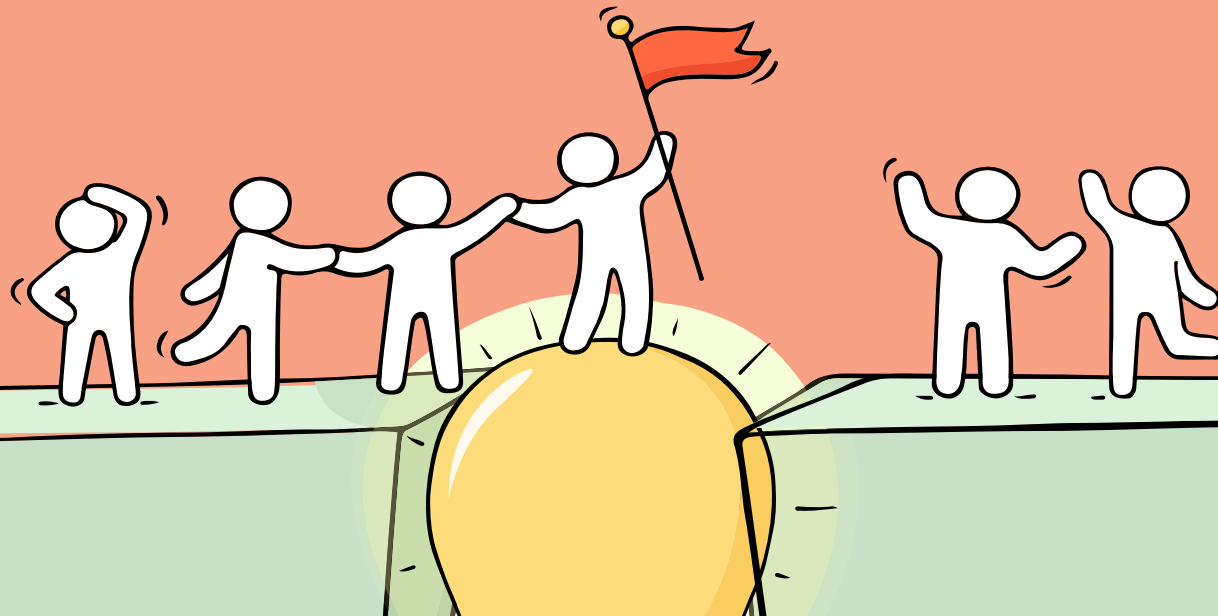
- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision based on your options and take action.

When you receive your results, you may feel overwhelmed by emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for help is a sign of strength, not weakness.

If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent, teacher, School Counsellor or a friend that you can talk to.



Having difficult emotions during a stressful and uncertain period is normal.

Keep a lookout for some of these signs in your peers or yourself.

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Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your school counsellor or teacher**

Or contact SOS 24-hour hotline at **1800-221-4444**



Supporting Your Friend

We may each experience different emotions upon receiving the results. You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



Keep a lookout for your friends in distress. You can support them in the following ways:

Calm them down

“Are you ok? Calm down, take a few deep breaths.”

Hear them out

“I am here to listen to you.” or “I am here for you.”

Empathise with them

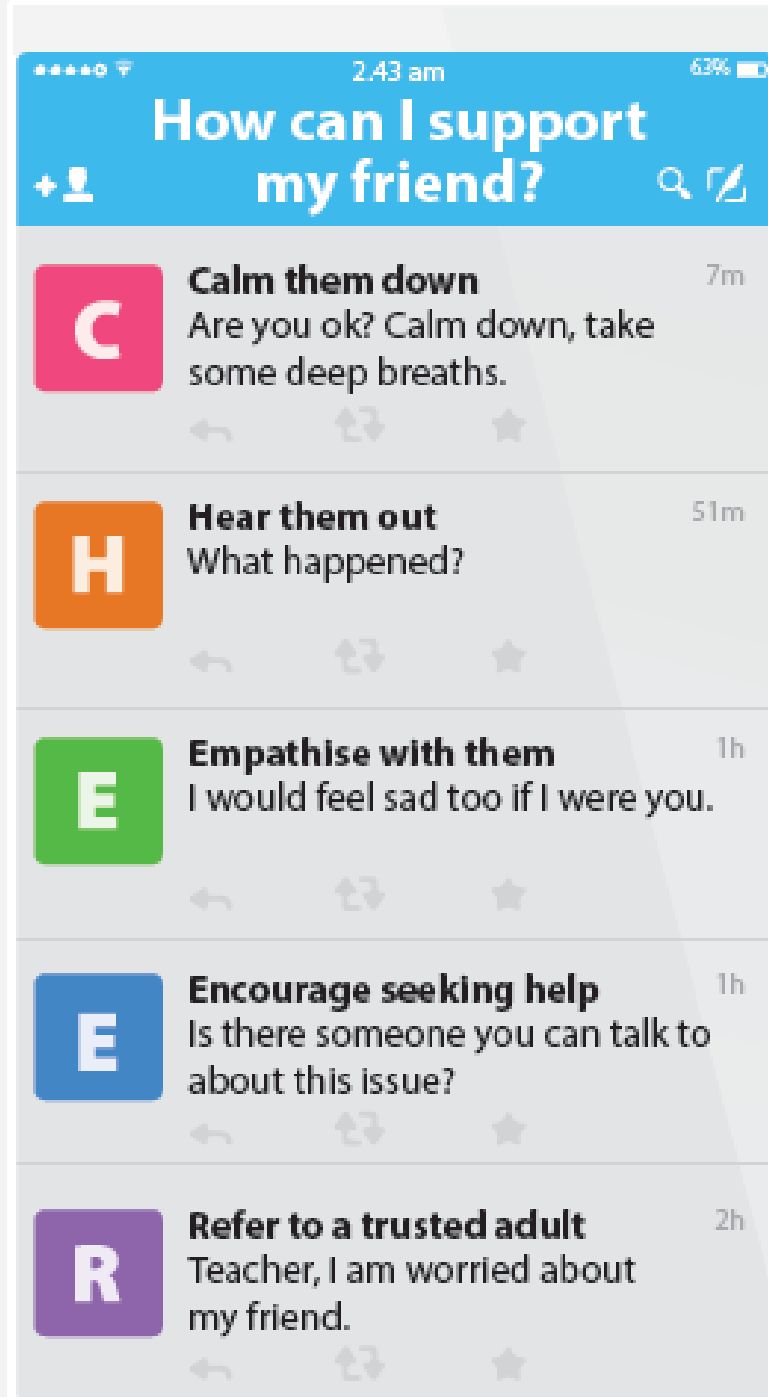
“It sounds like you are disappointed.” or “It seems like this is a difficult time for you.”

Encourage seeking help

“Thanks for sharing. Why don’t we speak with a trusted adult who can help?”

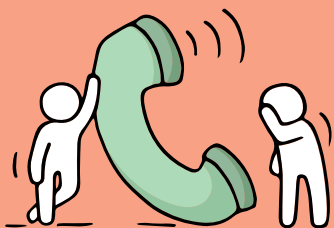
Refer your friend to a trusted adult

“Let’s talk to our teacher or our School Counsellor so they can better support you. Do share your feelings with your parents/guardians too. Would you like me to accompany you?”



Help is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.



SOS

SOS provides round the clock emotional support for those in distress, thinking of suicide or affected by suicide. This service is manned by trained volunteers.

Call: **1-767 or 1800-221-444**
(24-hour helpline)

There are also alternative avenues for emotional support through email and text messaging.

Email: **pat@sos.org.sg**
(Response within 48 hours)

SOS Care Text: **www.sos.org.sg**
(6pm – 6am on Mon to Thu and 6pm to 11:59pm on Fri)

Community Health Assessment Team (CHAT)

If you experience prolonged difficulties, CHAT provides personalised and confidential mental health checks and face-to-face consultation for youth aged 16 to 30. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *SCAPE, #05-05** or
Call: **6493 6500/ 6501** or
Email: **CHAT@mentalhealth.sg**

Help is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

eC2

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Youths may chat with a counsellor online at:
www.ec2.sg

Monday – Friday
(Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

TOUCHline

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 3772252**

Monday – Friday
(Excluding Public Holidays): 9am – 6pm



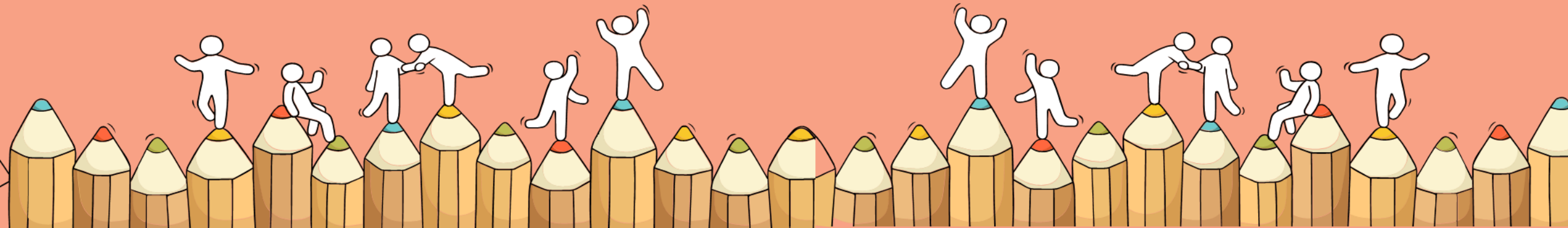
mindline.sg

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and well-being. Explore and find out how you can improve your mental well-being and support your friends too.

Find out more:
www.mindline.sg

Admission Exercises

Things to note



JOINT ADMISSIONS EXERCISE (JAE)

Students who wish to apply for admission to the following institutions may do so via the Joint Admission Exercise

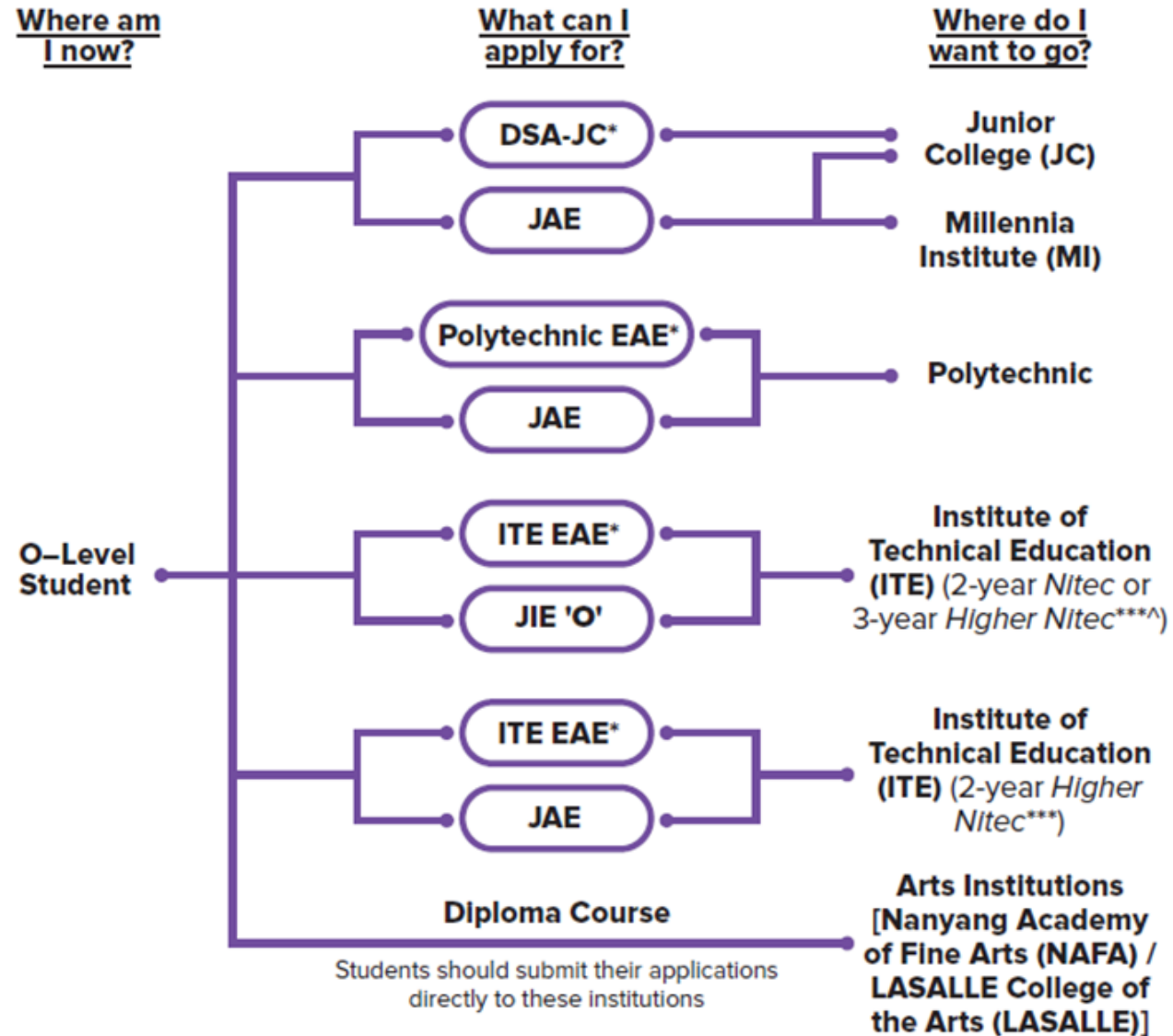
- Junior Colleges (JCs)
- Millennia Institute (MI)
- Polytechnics
- Institute of Technical Education (ITE)

DSA-JC/ POLY EAE/ ITE EAE

- All students successfully admitted to a school through DSA-JC/ Polytechnic EAE/ ITE EAE will not be able to participate in the JAE.
- Successful DSA-JC and Poly EAE students will receive their Form A that indicate the school they have been admitted to.
- Successful ITE EAE students will be informed by ITE.



Admissions Exercises for O-Level Students



<https://www.moe.gov.sg/post-secondary/admissions>

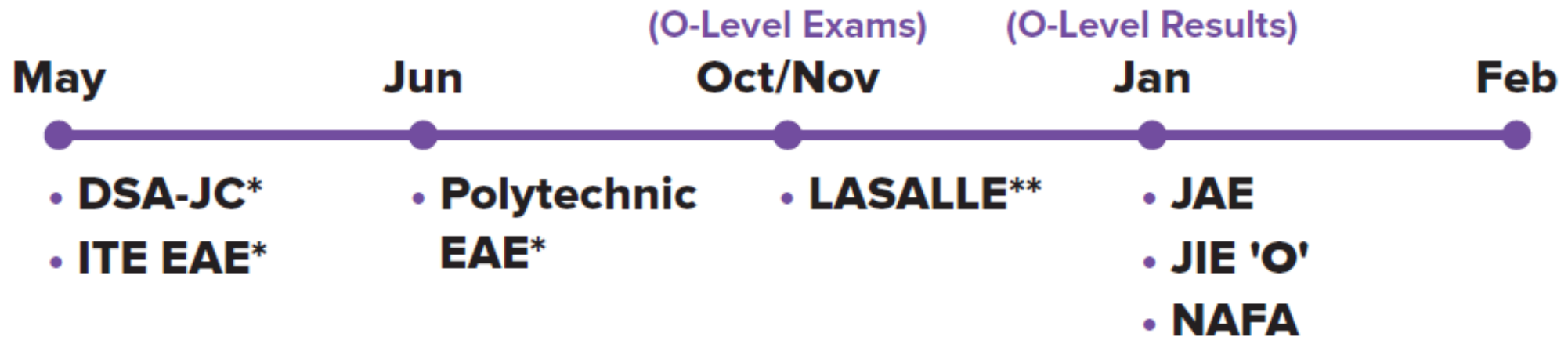


Source: A Guide to Post-Secondary Admissions Exercises

Admissions Exercises Application Timeline



When can I apply?



*Students can apply through these admissions exercises before their O-Level examinations

**Application to LASALLE's diploma programmes starts from September.

***Certain *Nitec* and *Higher Nitec* courses are available in traineeship mode. For more information on applying to these courses, you can visit <https://www.ite.edu.sg/admissions/traineeship>

^There are eight 3-year Higher Nitec courses available for AY2022

Details of Admission Exercises



Arts Institutions – NAFA/ LASALLE

GCE O-Level holders with the aptitude and interest to pursue the creative arts at the tertiary level may apply for diploma programmes at the Arts Institutions (AIs). Each AI runs its own admissions exercise, and interested students should apply directly to the institution.

NAFA: go.gov.sg/applynafa

LASALLE: go.gov.sg/applylasalle



DSA-JC – Direct School Admission for Junior Colleges

DSA provides students with the opportunity to seek admission to JCs based on a broader range of talents and achievements.



go.gov.sg/applyjcDSA

Details of Admission Exercises



ITE EAE – ITE Early Admissions Exercise

ITE EAE is an aptitude-based admissions exercise that allows students to apply and receive conditional offers for admission to ITE based on their aptitude and interest, prior to receiving their final O-Level examination results. It allows students to demonstrate their aptitudes and interests apart from academic grades, thus allowing a wider range of talents to be recognised.



go.gov.sg/iteeae

go.gov.sg/itehigherniteceae



JAE – Joint Admissions Exercise

JAE enables GCE O-level holders to apply for admissions to courses offered by JCs, MI, Polytechnics and ITE 2-year *Higher Nitec*.



go.gov.sg/applyjae

Details of Admission Exercises



JIE 'O' – Joint Intake Exercise 'O'

The JIE 'O' is conducted to enable GCE O-Level holders to apply for the 2-year *Nitec* or 3-year *Higher Nitec* courses conducted by ITE.



go.gov.sg/applyjie



Polytechnic EAE – Polytechnic Early Admissions Exercise

Polytechnic EAE is an aptitude-based admissions exercise that allows students to apply for and receive conditional offers for admission to polytechnics prior to receiving their final grades. It allows students to demonstrate their aptitudes and interests apart from academic grades, thus allowing a wider range of talents to be recognised.



go.gov.sg/polyeae

QUICK GUIDE FOR REGISTRATION

- All applications must be submitted online through the JAE Internet System (JAE-IS) using SingPass or the JAE PIN found in Form A.
- The JAE-IS is accessible through the JAE website at www.moe.gov.sg/jae
- JAE registration will open from 3.00pm on Wednesday, 12 January 2022 to 4.00pm on Monday, 17 January 2022.

JOINT ADMISSIONS EXERCISE 2022

INFORMATION BOOKLET

For Candidates Seeking Admission to:

Junior Colleges

Millennia Institute

Polytechnics

Institute of Technical Education



Ministry of Education
SINGAPORE

<https://www.moe.gov.sg/-/media/files/post-secondary/2022-jae-information-booklet.pdf>

QUICK GUIDE FOR REGISTRATION

- You should complete the worksheet (page ii of JAE 2022 booklet) before accessing the JAE-IS to submit your application
- You are advised to make use of the 12 choices wisely and make full use of them, where applicable. The choices should be listed in the order of preference.
- You are advised to print and retain a copy of the Verification Slip for your record after you have submitted your application online.

COMPUTER & PRINTING FACILITIES

- The registration period is from 3.00pm on 12 Jan to 4.00pm on 17 Jan 2022.
- Computer facilities will be made available at the SMSS ICT Service Hub (former Computer Lab 1) during these periods:

Date	Time
12 Jan 2022	3pm to 4pm
13, 14 and 17 Jan 2022	9am to 4pm

Process to support students during JAE registration

During the JAE Registration period, students who are unable to submit their choices via JAE-IS **should not** visit MOE Customer Service Centre in person. Instead, they can seek assistance using the online JAE Request Form found at **www.moe.gov.sg/jaerequestform**. (The form will only be activated during the registration period.)

Release of JAE Posting Results

The JAE posting results will be released through the following modes:

- JAE-IS, accessible through the JAE website at www.moe.gov.sg/jae;
- Short Message Service (SMS) via applicant's mobile number (if a valid Singapore mobile number is provided by applicants during the JAE registration)

Direct School Admission – JCs

- Students who had accepted offers through the 2021 Direct School Admission –Junior Colleges (DSA-JC) will be admitted to their chosen JC if they have met the eligibility criteria for admission based on their GCE O-Level examination results. Students admitted to a JC through DSA-JC will not be eligible to participate in the JAE.
- Students who do not meet the JC admission criteria may take part in the JAE to apply for courses which they are eligible for. More details on DSA-JC can be found at www.moe.gov.sg/dsa-jc.

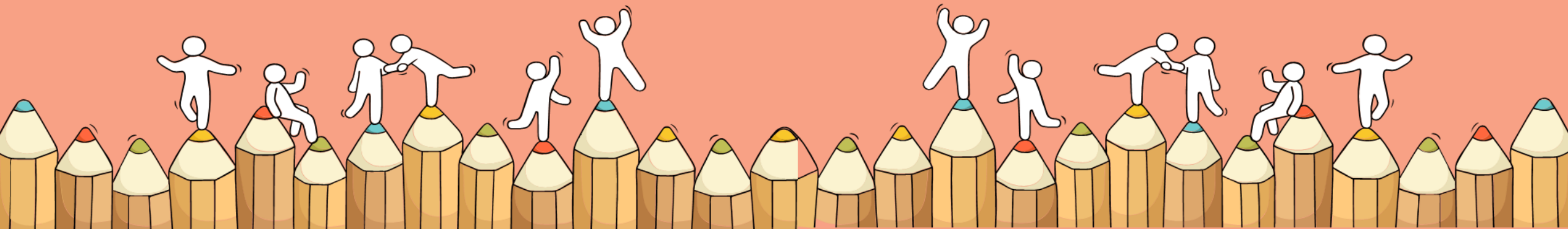
Early Admissions Exercise – Polytechnics

- Students who had earlier accepted conditional offers to a polytechnic course through the Polytechnic Early Admissions Exercise (EAE) in 2021 will have their offers confirmed and will not be eligible to participate in the JAE2, if they meet the following criteria:
 - a. A net ELR2B2 3 score of 26 points or better for the GCE O-Level examinations; and
 - b. Minimum Entry Requirements for the respective polytechnic courses.
- Students who do not meet the above criteria will still get another chance to apply to polytechnic via the JAE.

Early Admissions Exercise – ITE

- Students who had accepted conditional offers to an ITE course through the ITE EAE in 2021 and have their offers confirmed based on their GCE O-Level examination results will not be eligible to participate in the JAE. Their EAE offers are confirmed if they meet the subject-specific Minimum Entry Requirements for the course.
- More details on ITE EAE can be found at www.ite.edu.sg/admissions/full-time-courses/higher-nitec/eae/.

For Students Planning for Private Education



Admissions Exercises Application Timeline

Reasons

Why are you
furthering your
studies?

Readiness

How ready are
you to further
your studies?

Risks

Do you know
the possible
drawbacks?

8 Things You Should Know Before You Enrol in A Private School

School Registration



Ensure the school is registered with CPE. Review the school's registration period, expiry date and its overall registration track record.

Partner Institution



Research on the partner institution conferring the diploma or degree, and whether the qualification is recognised by the industry.

EduTrust Certification Scheme



Is the school EduTrust-certified*? Under the scheme, private schools are assessed for their performance in areas such as school management and provision of student support services.

**Schools are required to obtain EduTrust certification in order to offer external degree programmes*

School Premises

Head down to the campus ground to check the facilities and support services. Observe the study environment too.



Fee Protection



Ask if there is any course fee protection so that you will be able to recover unconsumed course fees should the school close down.

Beyond Course fees



Find out about the course syllabus and materials, graduation rates and employment prospects. Approach the alumni to find out what they think of the school.

Teachers

Check if the teachers are qualified to teach the course.



Internship

If industry attachment is included, find out which organisation you will be attached to, the period of attachment and the alternative arrangement should the attachment become unavailable. Verify the information with the organisation as well.



**FOR 2021
SEC 4NA
STUDENTS**

Progression Pathways for Secondary Four Normal (Academic) Students

Secondary 4 Normal (Academic) [N(A)] students who have sat for O-Level subjects in 2021 can use their O-Level results for these subjects to apply for a place in the Polytechnic Foundation Programme (PFP) and Direct-Entry-Scheme to Polytechnic Programme (DPP).

**POLY
FOUNDATION
PROGRAMME
(PFP)**

Polytechnic Foundation Programme (PFP)

- Students eligible for the PFP will receive a copy of **Form P** inviting you to apply for the PFP
- Each copy of Form P contains a **unique password**
- Students should use the respective passwords to submit their applications online via the PFP website at <https://pfp.polytechnic.edu.sg/PFP/index.html>
- More information on the eligibility requirements for the PFP, as well as how O-Level results are considered in the computation of the ELMAB3 aggregate, can be found on the PFP website.

Polytechnic Foundation Programme (PFP)

- Applications for the PFP will be open from 2.00pm on 12 January 2022 until 4.00pm on 17 January 2022.
- You may select up to five course choices.
- The PFP posting results will be released at 2.00pm on 21 January 2022 through the PFP website. Students will be required to indicate whether they wish to accept, reject, or appeal for a change of course by 4.00pm on 25 January 2022.
- Remember to provide updated contact details in your application to allow the polytechnics to contact you if necessary.

Polytechnic Foundation Programme (PFP)

– Important dates

- **Application**

12 January (2pm) to 17 January 2022 (4pm)

- **Posting Results**

21 January 2022 (2pm)

- **Accept, Reject or Appeal of Posting**

21 January (2pm) to 25 January 2022 (4pm)

Polytechnic Foundation Programme (PFP) – Important dates

- **Outcome of Appeal**

3 February 2022 (2pm)

- **Acceptance of Appeal Outcome**

3 February (2pm) to 7 February 2022 (4pm)

Please note that eligibility to apply for PFP does not guarantee placement in the programme. Students placed on the PFP may or may not be posted to the course of his / her choice, subject to competition based on merit and the availability of places.

Direct-Entry-Scheme to Polytechnic Programme (DPP)

Direct-Entry-Scheme to Polytechnic Programme (DPP)

- The final application phase for the DPP will open on **Wed 12 Jan 2022** and close on **Mon 17 Jan 2022**.
- Submit your DPP applications online via the DPP application portal at www.ite.edu.sg/apply-for-ite-courses.
- The final application posting results will be released on **19 Jan 2022 (9am)**.
- Students will be required to indicate whether they wish to accept or reject the DPP offer by **4.00pm on 21 January 2022**

FOR SUCCESSFUL PFP and/or DPP APPLICANTS

- Students who have been offered a place in the DPP under the final application phase should report to ITE on 24 January 2022 upon acceptance of their DPP course offer.
- The last day of school for Secondary 5 students who have accepted a place in the PFP will be on Friday, 28 January 2022. Students will be informed by the respective polytechnics of their enrolment dates for the PFP.

Students who accepted a place in the earlier application phase of the DPP in December but have now decided to take up a PFP offer will need to **apply to ITE to withdraw from the DPP first**, before they are able to take up the PFP offer.

Thinking About Your Next Step



**Use 3 Key ECG
Questions To Help
You Get Started**

Who am I?

The more I know about myself, the better my decisions.

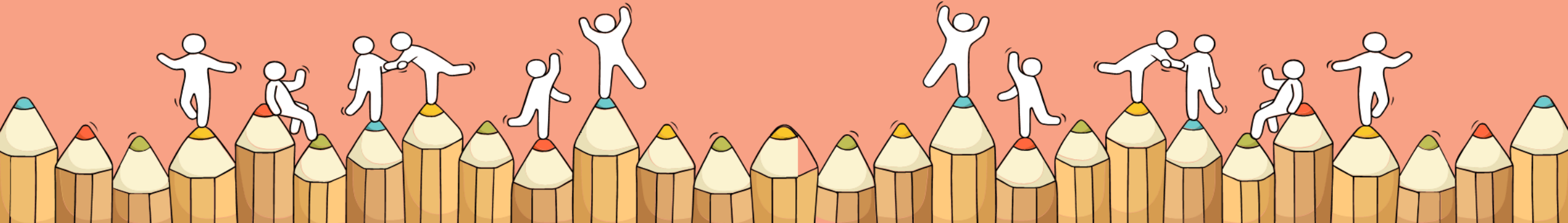
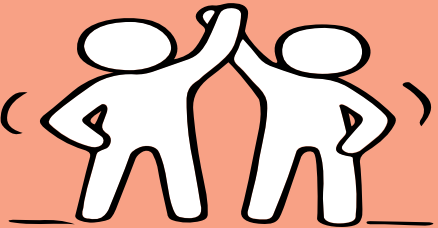
Where do I want to go?

There are many pathways with opportunities for continuous learning and recognition.

How do I get there?

Be resilient, explore various pathways and be open to possibilities.

Sources of ECG Support



Speak to an ECG Counsellor

- Making informed decisions is important for successful transition from school to further education.
- Speak with your teachers and ECG Counsellor in school, besides your parents, on the possible pathways.
- MOE ECG Centre offers online or phone counselling services to GCE O-Level students from 5 - 21 January 2022 (Weekdays: 9.00 am to 5.00 pm; Saturdays: 9.00 am to 12.30 pm).
- Details on how to make an appointment can be found in the What's Next pamphlet distributed to you.

Make an online or phone counselling appointment with the ECG Centre @ MOE (Grange Road) through

<https://go.gov.sg/moe-ecg-centre>.





<https://go.gov.sg/moe-ecg-centre>




MySkillsFuture Student Portal (Secondary)

Visit <https://go.gov.sg/MySFSec> for more information on post-GCE O-Level options.

A Singapore Government Agency Website

MySKILLSFuture About Know Yourself World of Work Education Guide Help Feedback  



About MySkillsFuture




A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices. Use the information and tools to explore various education and career pathways, and take charge of your future.

What's new **Events** **Useful links**

- MOE Website
- Student Learning Space
- Early Admission Exercise
- Poly Foundation Programme
- NAFA Foundation Programme
- SP-CCA Athletics
- SP-CCA (Ethnic Dance)
- Art Elective Programme (AEP)
- Enhanced Art Programme (EAP)
- Music Elective Programme (MEP)
- Enhanced Music Programme (EMP)
- Applied Learning Programme (ALP)
- Learning for Life Programme (LLP)

Find out more about yourself

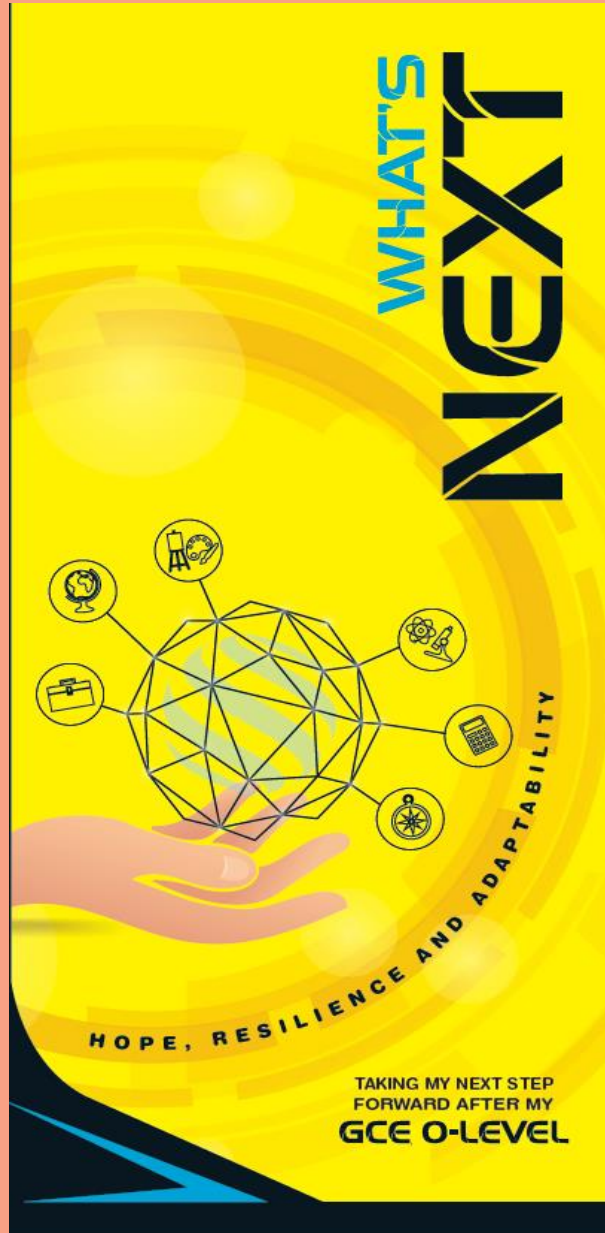
Everyone has a set of unique attributes. The more you know about what you value, what you are interested in, and what you are good at, the more likely you will be able to make good choices in your education and career explorations.

Discover Now



What's Next – A Quick Guide



<https://go.gov.sg/whats-next-olevel>



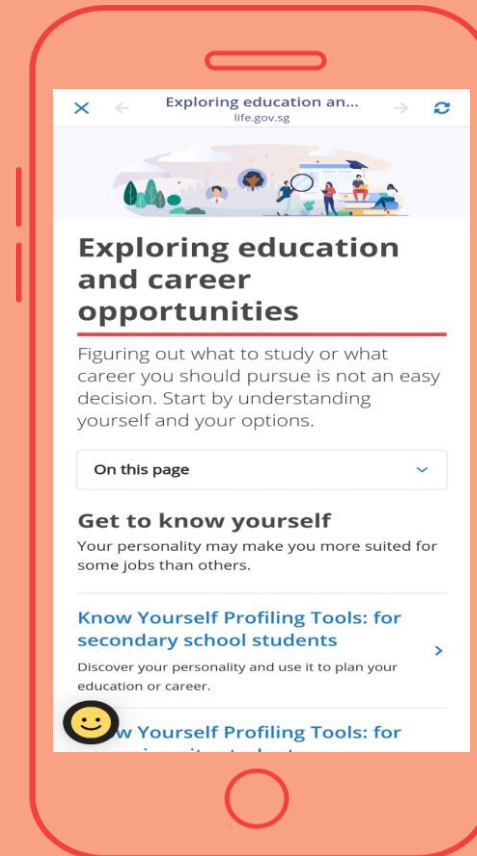
ECG Resources



You can find articles, videos on different professions, and connect with tertiary seniors and young professionals through sharing sessions with National Youth Council's On My Way (OMW) website.



<https://go.gov.sg/omw2022>



You can access the “Exploring education and career opportunities” bundle on LifeSG for guidance on planning your educational pathways.

KNOW IT ALL COPY URL TO SHARE

INVESTMENT BANKER

Investment Bankers sell securities and provide strategic advice to their clients. They advise clients on raising funds from the equity/debt capital markets and merger and acquisitions (M&A).

ADVISE corporate clients on product offerings, private equity transactions, mergers and acquisitions, and valuations.

Determine the **best strategy** and place to **raise debt or equity capital**.

Prepare necessary documents to **protect the company and investor**.

Ensure all **government regulations have been adhered to**.

PERFORM financial modelling using valuation methods.

RESPONSIBILITIES

SKILLS NEEDED

HARD SKILLS

- Financial Modelling (e.g. DCF, Public Comps, M&A Comps)
- Data Analytics
- Strong Mathematical and Numerical Skills

SOFT SKILLS

- Influencing and negotiation skills
- Innovative Problem Solving
- Customer Orientation
- Communication

DAY IN THE LIFE

Explore our library of over 60 videos to get an intimate look into the daily lives of different professionals. Looking for a specific job? Use the category filter below to help you navigate the videos!

BROWSE ALL Filter By Category: #all

A Day in the Life of a Civil Engineer

Ever wondered what engineers do other than math? Join Yu Bo as she brings us into the world of a Civil Engineer!

By National Youth Council
#Engineering #CivilEngineer

A Day in the Life of a Game Developer

What really goes on behind the scenes of games development? Learn more about what a Game Developer does!

By National Youth Council
#ComputerScience #GameDeveloper

A Day in the Life of a Public Relations Manager

Writing about hot topics isn't what Samantha does all the time. Let's see what she has to say about it!

By National Youth Council
#Communication #PublicRelations

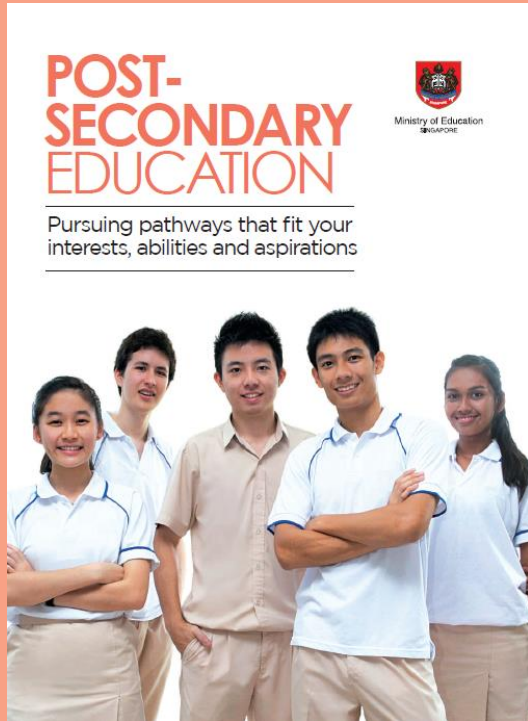
A Day in the Life of a Social Media Strategist

Social media isn't just every day? Find out what it's like to be a Social Media Strategist.

By National Youth Council
#Communication #SocialMedia #SocialMediaStrategist

<https://go.gov.sg/lifessg-youth>

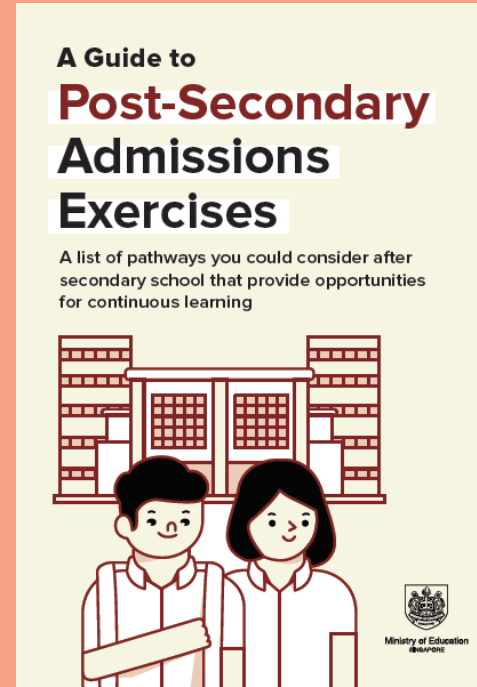
Post- Secondary Education



Post-Secondary Education booklet

Learn more about the post-secondary landscape at

<https://moe.gov.sg/post-secondary/overview>



Post-Secondary Admissions Exercises booklet

A list of pathways you could consider after secondary school
<https://www.moe.gov.sg/post-secondary/admissions>





The O-Level is not the destination.

It is part of your education journey.

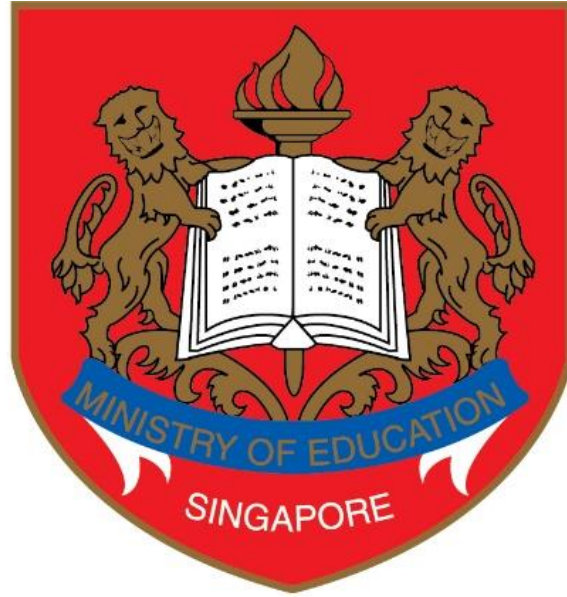
No matter what the results are, you must remember that your results do not determine who you are or how successful you will be in the future!

RESOURCES FOR PARENTS

Resources on providing social and emotional support, affirming your teen, and supporting your teen's transition through post-secondary education can be found at

<https://go.gov.sg/selresforparents>





Ministry of Education
SINGAPORE