

At St Margaret's Secondary School, the following lessons from the Growing Years Programme will be taught in 2020:

SECONDARY 3

UNIT	LESSONS / DURATION	LESSON OBJECTIVES At the end of the lesson, students will be able to:	TIME PERIOD (e.g. Term 1 Week 2)
Lessons about Love (Part 3)	1 (60 mins)	<ul style="list-style-type: none"> • recognise what constitutes responsible dating • evaluate if a dating relationship is healthy or unhealthy • demonstrate competencies in managing emotions in dating and romantic relationships 	Term 2 Week 1
	2 (60 mins)	<ul style="list-style-type: none"> • recognise differences in perspectives of dating and romantic relationships • evaluate one's readiness for romantic relationships • recognise challenges that occur in the context of a relationship • examine how our response to emotions can affect relationships positively or negatively 	Term 2 Week 3
	3 (60 mins)	<ul style="list-style-type: none"> • recognise the different levels of physical intimacy in a relationship • know the progressive nature of actions that lead to sexual arousal and intercourse • recognise that one may unintentionally invite sexual intimacy through one's verbal and non-verbal behaviour 	Term 2 Week 4
	4 (60 mins)	<ul style="list-style-type: none"> • evaluate the norms of acceptability for public display of affection • recognise how new media has shaped public perception of acceptability of public display of affection • identify the strengths and limitations of new media in allowing people to develop serious relationships • recognise how new media has influenced relationship building both positively and negatively • appreciate the value of face-to-face relationships 	Term 2 Week 7

UNIT	LESSONS / DURATION	LESSON OBJECTIVES At the end of the lesson, students will be able to:	TIME PERIOD (e.g. Term 1 Week 2)
The Real Self (Part 2)	5 – Part 1 (30 mins)	<ul style="list-style-type: none"> • recognise the importance of having healthy self-esteem that is not affected by external influences • demonstrate strategies to identify and evaluate sources that contribute towards healthy self-esteem • recognise the importance of self-esteem in building friendships Identity and healthy relationships 	Term 2 Week 8
	5 – Part 2 (30 mins)	<p>Description of the Main Task:</p> <ul style="list-style-type: none"> • Students are to work in groups of 4 or 5. • Each group will present the positive and negative messages about self-image received from a chosen source (peers, teachers, families or the media) and share tips on managing the negative messages. • Groups can represent their learning through a blog, a poster presentation, an article for a teenage magazine, a role-play, a letter of response from Aunt Agony, a pamphlet or other preferred modes. • At the end of all the presentations, students are to assess and reflect upon their own learning using a reflection form. 	Term 2 Week 8